

Words to avoid	Acceptable alternatives
Afflicted with	Person has (name of disability)
The blind, the visually impaired	Person who is blind, person with a vision impairment
Confined to a wheelchair, wheelchair bound	Wheelchair User
Cripple, crippled	Has a physical disability, has mobility challenges
Deaf and Dumb	Person who is deaf and non-verbal or Deaf person
The Disabled	People with a disability
Epileptic	Person with epilepsy
Fit, attack, spell	Seizure
The handicapped	Person with a disability
Insane, lunatic, maniac, mental patient, psycho, schizophrenic	Person with a Mental Illness
Invalid	Person with a disability
Mentally retarded, simple minded, imbecile, moron	Person with an intellectual disability
Physically challenged, intellectually challenged, and vertically challenged, differently abled	Person with a disability
Victim (People with a disability are not necessarily victims and prefer not to be seen as such.)	Has a disability

Adapted from A Way with Words – Guidelines for the portrayal of people with a disability <https://www.qld.gov.au/disability/documents/community/way-with-words.pdf>